

Help Yourself, Help Others: Schedule an Annual Depression Screening

If you or someone you know is feeling anxious, stressed, or unable to do things they once enjoyed, it may be time to schedule a depression screening.

A screening is one of the quickest and easiest ways to determine whether you are experiencing depression. Take advantage of Medicare's depression screening services.

How often is a depression screening covered?

Medicare Part B covers one depression screening per year. Medicare coinsurance and Part B deductible are waived for this service.

Where is the screening done?

The screening must be in a setting that can provide follow-up treatment and/or referrals (such as a doctor's office).

How much does it cost?

You pay nothing for this screening if your doctor accepts Medicare Part B. If other services are provided, costs (such as a co-payment) may apply.

You can find more information on Medicare and depression screenings at www.medicare.gov.

Symptoms of Depression

- Memory problems
- Loss of appetite/weight loss
- Complaints of pain
- Inability to sleep
- Delusions/hallucinations
- Confusion
- Irritability



Disasters such as Super Storm Sandy affect people in different ways. Older adults, or those suffering from health issues, are more likely to feel the effects caused by natural disasters.

Medicare offers a depression screening benefit. Help improve your emotional health today.